

**Wellness Committee Meeting #1
August 12, 2019**

The Wellness Committee for the Kirkwood School District met at 3:30 p.m. on Monday, August 12, 2019, at the Administrative Services Center located at 11289 Manchester Road.

The following committee members and staff attended the meeting:

Shonda Ambers-Phillips
Jean Marie Andrews
Matt Bailey
Meredith Byers
Ginger Cayce
Michele Condon
Mike Gavin
Alan Hopefl
Diane Huwer
Karen Leonard
Michele Niece
Bryan Painter via Zoom
Mike Romay
Marianne Ross
Keisha Seymour
Kurtis Sobush
Julie Tadros

The following committee members were absent:

Audrey Westrich
Adam Crnko
Chris Grabau
Tony Grana
Carmon Griffin
Barb Guess
Jennifer Hoell
Karen Randazzo
Megan Reznicek
Mandy Rose
Joan Ruppert
Tim Timlin
Abby Upmeyer
Cindy Voller

Item 1 – Call to Order/Public Comment

Dr. Shonda Ambers-Phillips, Executive Director of Equity, Wellness and Inclusion called the meeting to order at 3:40 p.m. No public comments were made.

Item 2 – Introductions

Dr. Ambers-Phillips thanked all for attending the meeting. All present members introduced themselves to the group.

Item 3 – Review of Comprehensive Wellness Plan

In order to obtain feedback of the plan, members were given 4 questions: What about the plan excites you or is cause for celebration? What questions do you have about the plan and/or specific items in the plan? What may be missing from the plan that you'd like to see included or emphasized to a greater degree? Anything else we should know or think about?

Adjourn

The meeting adjourned at 4:52 p.m.

Future meeting dates:

Wednesday, November 13, 2019 @ 4:00 p.m. in the ASC Conference Room

Wednesday, February 12, 2020 @ 4:00 p.m. in the ASC Conference Room

Wednesday, May 13, 2020 @ 4:00 p.m. in the ASC Conference Room