

Wellness Committee Meeting #7
April 9, 2019

The Wellness Committee for the Kirkwood School District met at 4:00 p.m. on Tuesday, April 9, 2019, at the Administrative Services Center located at 11289 Manchester Road.

The following committee members and staff attended the meeting:

Shonda Ambers-Phillips

Angie Bernardi

Michele Condon

Tony Grana

Carmon Griffin

Alan Hopefl

Karen Leonard

Shanon Orelup

Bryan Painter

Jennifer Pangborn

Megan Reznicek

Mike Romay

Marianne Ross

Missy Sandbothe

Julie Tadros

Abby Upmeyer

Audrey Westrich

The following committee members were absent:

Meredith Byers

Ginger Cayce

Tim Cochran

Barbara Guess

Jennifer Hoell

Michele Niece

Lisa Owens

Julie Redington

Mandy Rose

Keisha Seymour

Kurtis Sobush

Tim Timlin

Cindy Voller

Item 1 – Call to Order/Public Comment

Mr. Romay, CFO, called the meeting to order at 4:06 p.m. No public comments were made.

Item 2 – Presentation by Ready By 21 St. Louis

Katie Kaufmann and Joe Monahan with the Ready by 21 provided an overview of the Ready by 21 organization, the services offered, and those providing some services within the Kirkwood School District at this time. They led the committee in discussing the formulation of a wellness plan for KSD and how their organization could be a better conduit to families via school districts.

Item 3 – Review of KSD Staff Wellness Survey

The results to date of the staff wellness survey were shared with the committee for later discussion.

Item 4 – Update on Wash U Study

An overview was given on this study and how it would help the committee to create a comprehensive district wellness program. The committee will begin this work this summer. Anyone interested in participating this summer was invited to let Dr. Condon know of that interest.

Adjourn

The meeting adjourned at 5:10 p.m.

Future meeting dates:

Wednesday, May 8, 2019 @ 4:00 p.m. in the ASC Conference Room