

**Wellness Committee Meeting #5  
February 12, 2019**

The Wellness Committee for the Kirkwood School District met at 4:00 p.m. on Tuesday, February 12, 2019, at the Administrative Services Center located at 11289 Manchester Road.

The following committee members and staff attended the meeting:

Shonda Ambers-Phillips

Angie Bernardi

Michele Condon

Alan Hopefl

Karen Leonard

Michele Niece

Shanon Orelup

Bryan Painter

Megan Reznicek

Mike Romay

Missy Sandbothe

Kurtis Sobush

Julie Tadros

Audrey Westrich

The following committee members were absent:

Meredith Byers

Ginger Cayce

Tim Cochran

Tony Grana

Carmon Griffin

Barbara Guess

Jennifer Hoell

Lisa Owens

Jennifer Pangborn

Julie Redington

Mandy Rose

Marianne Ross

Keisha Seymour

Tim Timlin

Abby Upmeyer

Cindy Voller

**Item 1 – Call to Order/Public Comment**

Mr. Romay, CFO, called the meeting to order at 4:06 p.m. No public comments were made.

**Item 2 – Move to Improve Presentation**

Facilitator Michele Niece presented the “Move to Improve” presentation which will be shared with all staff on district-wide professional development day. Representatives from all schools will use the “physical movement” aspect of this idea for the launch.

### **Item 3 – Wellness Surveys Review**

Committee members grouped to review the Kirkwood High School Student Wellness Survey created by a sub-committee and the KSD Staff Wellness Survey. There was only time to review the KHS survey. Updates were shared out by each group. The survey will reflect these shared updates. The committee will review the KSD Staff Wellness Survey at the next meeting

### **Adjourn**

The meeting adjourned at 5:15 p.m.

Future meeting dates:

Wednesday, March 13, 2019 @ 4:00 p.m. in the ASC Conference Room

Tuesday, April 9, 2019 @ 4:00 p.m. in the ASC Conference Room

Wednesday, May 8, 2019 @ 4:00 p.m. in the ASC Conference Room