

**Wellness Committee Meeting #4
January 23, 2019**

The Wellness Committee for the Kirkwood School District met at 4:00 p.m. on Wednesday, January 23, 2019, at the Administrative Services Center located at 11289 Manchester Road.

The following committee members and staff attended the meeting:

Shonda Ambers-Phillips

Meredith Byers

Michele Condon

Tony Grana

Carmon Griffin

Alan Hopefl

Karen Leonard

Michele Niece

Shanon Orelup

Bryan Painter

Jennifer Pangborn

Megan Reznicek

Mike Romay

Marianne Ross

Julie Tadros

Abby Upmeyer

Audrey Westrich

The following committee members were absent:

Angie Bernardi

Ginger Cayce

Tim Cochran

Barbara Guess

Jennifer Hoell

Lisa Owens

Julie Redington

Mandy Rose

Missy Sandbothe

Keisha Seymour

Kurtis Sobush

Tim Timlin

Cindy Voller

Item 1 – Call to Order/Public Comment

Mr. Romay, CFO, called the meeting to order at 4:03 p.m. No public comments were made.

Item 2 – Chartwells' Presentation

Audrey Westrich, Director of Food Services, presented updates on the district's food service operations including the mandated USDA guidelines, tools available to nursing staff and student families, participation levels, and new food options for the district students.

Item 3 – Update from PE/Wellness Teachers

Teacher Tony Grana along with facilitator Michele Niece presented their updated efforts to date on the “Move to Improve” campaign. Visual charts were updated with additional icons for more inclusiveness. Additional ideas were shared to improve and increase the “Move to Improve” campaign.

Item 4 – Wash U Study Recommendations

Committee members grouped to list the pros and cons of the five recommendations provided by the Wash U team. The groups then shared out their lists with the entire committee. Mr. Romay would also like to survey the KHS students and district staff in this manner. Dr. Condon would like to create a sub-committee to create the survey questionnaire.

Adjourn

The meeting adjourned at 5:13 p.m.

Future meeting dates:

Tuesday, February 12, 2019 @ 4:00 p.m. in the ASC Conference Room

Wednesday, March 13, 2019 @ 4:00 p.m. in the ASC Conference Room

Tuesday, April 9, 2019 @ 4:00 p.m. in the ASC Conference Room

Wednesday, May 8, 2019 @ 4:00 p.m. in the ASC Conference Room